



Theta Nu News

Texas State Organization
The Delta Kappa Gamma Society International
Leading women educators impacting education worldwide

Theta Nu Chapter #205 Texas Area 1, Smith County, Texas November, 2023. Volume 36 Issue 3
Sharon Gullett, editor gullettdkg@gmail.com

In Memory of our Sweet Sister



Meriam Eakin
Member 1975-2023

Bev's Buzz



Hello Everyone!

CindyS sent me a picture she found somewhere this week. Cindy; always the teacher, just the same as when we taught together years ago. She was always willing to share her good ideas so more children will learn with each activity how to be a better learner and ultimately a better person. That is one of the things I especially loved about teaching at Cain Elementary, teachers always shared the good ideas they found because it helped all children, not just those in their classes. At times that sharing and encouragement was aimed at that fellow teacher herself and not always students.

The heading was GRATEFUL...the draw was a colorful fun pack of M&M's.

"Now let's pick the first M&M from your bag...red; who are you grateful for that is a part of your life? Take your time, really think. Who is it that you are so grateful for today and maybe even a long time ago? Who wants to tell and share with the class, who you are so grateful for right now? Anyone else to share? OK, everyone, you can eat your red M&M now."

I'm thinking back to my old kindergarten class but those older kids might want to write about who they are grateful for...I love it, another writing assignment!

Oh, but there are more and more colors; another color chosen;

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Something are you grateful for?

A skill you are grateful for?

A place you are grateful for?

A special memory you are grateful for?

I know that each of you could go on and on with people, skills and special memories for which you are grateful. So many things to be grateful for, so many ways to teach gratitude to children, but there's still time for me to be reminded again to be more grateful each day; every moment keeping my eyes and heart focused singly on gratitude.

Thankful.

Grateful.

Blessed.

Thank you, CindyS. I needed that today.



<https://bit.ly/3FFFiz>



Busy November for Theta Nu

- Published the October Chapter Newsletter.
- Sent required copies of the newsletter to TSO personnel.
- Met as a Chapter on 10/5/23 with a quorum.
- Sang the DKG Song to our Sweet Sister
- Continued Sweet Sister Campaign: Sharon, CindyL, Teri G, Marsha E, and Cathy P and Geetha R.
- Delivered monthly "Thinking of You" treat to Landon
- Donated 61 pairs of socks to One and Done October project
- Posted at least weekly to the Theta Nu Facebook Page
<https://www.facebook.com/groups/453559393293006>
- Encouraged all members to vote on November 7 with special election information about the Texas Constitutional Amendments..
- Texted members when needed.
- Prepared October update to chapter website <https://thetanutx.weebly.com>

**Gratitude turns what we
have into enough.**



November One and Done

The One and Done project for November is to collect old eyeglass frames and donate them to the Lions Club. You do not have to take out the lens before donating them. There will be a box at the November chapter meeting to drop them in, and they will be taken to the collection box at the Walmart on South Broadway.

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Bunco for Books

On Thursday, November 2, we will join our Zeta Gamma sisters for a night of fun, fellowship, fund raising, decluttering and donations..

Fun: We will learn to play Bunco. It's rumored that very few know how to play but many are willing to learn this fun game.

Fellowship: Members from each chapter will rotate through the Bunco tables so everyone will have an opportunity to make new friends. PLUS: Bring a guest or two. The more the merrier.

Fund Raising: The Bunco board will be \$5.00. Money raised will be divided between Zeta Gamma and Theta Nu to be used for chapter projects.

Decluttering: Donate 4-5 unwanted books, and they will be used for prizes. Theta Nu is collecting old eyeglasses to be donated to the Lions Club.

Donations: Zeta Gamma is collecting new underwear, knit shorts and leggings for early elementary students at TISD. There will be a drop-off spot for those items too.

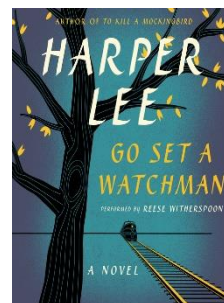
Details: St Mary Magdalene Catholic Church, 18221 FM 2493 (Old Jacksonville RD) on the left about 2 mile south of the Loop 49 Overpass. The meeting place is Peace Hall on the north side of the building, a room with 2-story windows visible from the parking lot. Look for the DKG sign and our cars. Snacks provided.

Notice: Later in this newsletter you'll see the Declutter Calendar. Surprise the first few days are about decluttering books. Get a jumpstart on week one!



Theta Nu Book Club

The Theta Nu Book Club selection for November is *Go Set a Watchman*. "A landmark novel by Harper Lee, set two decades after her beloved Pulitzer Prize-winning masterpiece, *To Kill a Mockingbird*. Twenty-six-year-old Jean Louise Finch—"Scout"—returns home to Maycomb, Alabama from New York City to visit her aging father, Atticus. Set against the backdrop of the civil rights tensions and political turmoil that were transforming the South, Jean Louise's homecoming turns bittersweet when she learns disturbing truths about her close-knit family, the town, and the people dearest to her. Memories from her childhood flood back, and her values and assumptions are thrown into doubt." Join us at La Hacienda on November 9 at 4:30 for a book and a bite to eat.



Fall Trivia Quiz

- What fall seasonal candy was once called Chicken Feed?
- Are pumpkins a fruit or a vegetable?
- According to a Journal of Consumer Research study, what type of movie is watched more in the fall?

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TSO Goal 2023-2025: Act to serve and share: To feel a sense of belonging and inclusion, all members must believe that DKG and your chapter cares about them, irrespective of their differences and background. Reach out to someone today with a quick note or phone call. It's the little moments that make a big day, and our sense of comradery will SOAR to new heights. Photo source: <https://bit.ly/3nGnFu8>

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October Minutes

Theta Nu Chapter Minutes
October 5, 2023

The monthly meeting of Theta Nu Chapter of The Delta Kappa Gamma Society International was called to order on October 5, 2023 at 5:30 at Cain Elementary for the annual Picnic in the Parking Lot. There were 8 members present thus establishing a quorum. President Beverly Kelly welcomed everyone and said the chapter would be continuing its Don't Be Left Behind Technologically program series with the October program. Teri Green introduced Paige and Chris Dyer, the guest speakers. Paige is a journalism and publications teacher, UIL academic Coordinator, assistant swim coach at Whitehouse High School, and drone specialist. The program, Soaring to New Heights with Drones, focused on the basics of drone technology and the Federal Aviation Administration's restrictions placed on flying a drone or an unmanned aircraft system (UAS) even as a recreational flier. The Dyers discussed the laws of using a drone, registering the drone, and becoming certified as a recreational flier. The drone was then used to take a Theta Nu picnic picture. The meeting officially adjourned at 7:00 when members drove to Cindy Swinney's house and sang the Delta Kappa Gamma song as a serenade to her.

Respectfully submitted, Nancy Boone, Secretary

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Geetha's Top Ten (Not in Ranked Order)

- Born in a South Indian Brahmin family
- Went to 9 different schools because father was in the army
- Finished graduate school age 22
- Arrange marriage to a 26 yr old working and studying in the US
- Got engaged and married within a week.
- Came to the US in 1970 felt like an adventure
- We had no intention of immigration
- Life after two children and living in Tyler made us not want to leave
- Parents understood We visited back and forth
- Along with children we became international travelers

Never Have I Ever

- Never flown in a helicopter
- Never owned a pet
- Never put on lipstick



Life Tips for Members:

Never Keep These Things in Your Wallet <https://bit.ly/3Qytw0g>

Action for Happiness Calendar (to print) <https://bit.ly/498dGAQ> (see below)

Declutter 365 for November (to print) <https://bit.ly/40dAoU7> (print page 2) (see below)

Sisters Across the Borders: Did You Know?

There are 28 countries in sub-Saharan Africa that have been prioritized by UNICEF for girls' education. In these countries through DKG's Schools for Africa project and UNICEF, access to quality basic education for children, focusing on girls, orphans and other vulnerable youngsters is provided. The countries are Ethiopia, Niger, Guinea, Nigeria, Tanzania, Benin, Northern Kenya, Togo, Burkina Faso, Liberia, Uganda, Burundi, Malawi, Senegal, Cameroon, Mali, Sierra Leone, Zambia, Chad, Mauritania, Somalia, Zimbabwe, Congo DR, Mozambique, South Sudan, Côte d'Ivoire, Namibia, and Sudan.

Contributed by CindyS, TSO Global Awareness Committee.



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DKG Links:

Theta Nu Website: <https://thetanutx.weebly.com>
 Theta Nu Twitter (X): <https://twitter.com/thetanutexas>
 Theta Nu Facebook: <https://www.facebook.com/groups/453559393293006>

TSO Website: <https://dkgtexas.org>
 TSO Facebook: <https://www.facebook.com/tso.deltakappagamma>

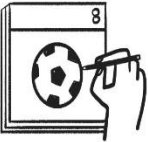




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 DKG International Blog: <http://dkgsi.blogspot.com/>
 DKG Podcast: <https://dkgsi.podbean.com/>
 DKG International YouTube: <https://www.youtube.com/user/DKGAustin>



November– 16- Mary T

January- 3- Cathi P
 21- Sue S

New Ways November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel
6 Try out a new way of being physically active	7 Be creative. Cook, draw, write, paint, make or inspire	8 Plan a new activity or idea you want to try out this week	9 When you feel you can't do something, add the word "yet"	10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about
13 Do something playful outdoors - walk, run, explore, relax	14 Find a new way to help or support a cause you care about	15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site
20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them	22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show
 27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card	29 Enjoy new music today. Play, sing, dance or listen	30 Look for new reasons to be hopeful, even in tough times			

ACTION FOR HAPPINESS

Happier · Kinder · Together



Action for Happiness Calendar (to print) <https://bit.ly/498dGAQ>

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Declutter 365 Missions: Declutter Your Home In 15 Minutes A Day

Find The Full Getting Started Guide & FAQs Here: <https://www.home-storage-solutions-101.com/declutter-365-faqs.html>

What To Declutter In November 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Declutter kids' books	2 Create area for library book storage	3 Declutter and organize ebooks and Kindle books	4 Get book clutter out of house by donating or selling books	5 (DST Ends) Declutter Halloween decorations and candy and check smoke detectors
6 Week #45: Emergency Preparedness and declutter older emergency supplies	7 Replenish emergency supplies (see what you need as emergency supplies for 72 hour kit)	8 Create car emergency supplies and first aid kit	9 Create an evacuation plan and fire escape plan	10 Place fire extinguishers as needed throughout house	11 Get clutter out of house by donating, selling or trashing	12 Make sure home adequately child proofed
13 Week #46: Medicine & First Aid Kit and make sure have adequate first aid kits content	14 Declutter expired and unused medications (here's a disposal guide)	15 Organize and safely store rest of medications	16 Declutter and organize liquor and wine cabinet	17 Declutter party supplies	18 Get clutter out of house by donating, selling or trashing	19 Declutter key ring of excess stuff
20 Week #47: Purses and declutter purse	21 Declutter wallet	22 Declutter briefcase, work out bag, diaper bag, etc.	23 (Thanksgiving) Make plans for eating leftovers	24 Declutter and organize purse/handbag collection	25 Get clutter out of house by donating, selling or trashing, plus declutter kids' toys to get ready for Christmas	26 Declutter fall decorations
27 Week #48: CDs & DVDs and organize/properly store family movies	28 Declutter entertainment center and create designated spot for remote controls	29 Declutter music collection (CDs and tapes, etc.)	30 Declutter movie collection (videos, DVDs, etc.)	Quote of the month: Nothing worthwhile ever happens quickly and easily. You achieve only as you are determined to achieve . . . and as you keep at it until you have achieved. — Robert H. Lauer		

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Get The Full 12 Month 2023 Calendar Here: <https://www.home-storage-solutions-101.com/declutter-calendar.html>

Declutter 365 for November (to print) <https://bit.ly/40dAoU7> (print page 2)



Today's Year Old. Twitter. Aug. 12.2023.



life hacks

Parents/Grandparents constantly call for help with their computer, tv systems, or remotes? Take a picture of them next time you're at their house. This will make it much easier the next time they need help.

05
tuesday
September

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