



# Theta Nu News

Texas State Organization  
**The Delta Kappa Gamma Society International**  
*Leading women educators impacting education worldwide*

Theta Nu Chapter #205 Texas Area 1, Smith County, Texas January, 2024. Volume 36 Issue 5  
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## **TSO Goal 2023-2035: Seek new members and new opportunities.**

Michelangelo is often quoted as saying that inside every block of stone is a beautiful statue; one only needs to remove the excess material to unveil the work of art within. If we were to apply this concept to Annie Webb Blanton's vision for DKG, we would nurture the potential in all our members. DKG-inspired opportunities can help hone strengths and talents that might otherwise be undiscovered. Help members SOAR to new heights.

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## *Bev's Buzz*

Hello Everyone!

I had time with my 'coffee buddy' this week. She is a thousand miles away now so we have coffee virtually; but she still calls me and we visit and share our ups and downs of the previous week, our celebrations with kids and grandkids, and even the aches and pains of our fast-approaching age. When she first moved away years ago we would call off and on. Could I catch her now? Is she too busy to talk to me? Those thoughts always plagued my mind before I would make the call, and our busy lives seemed to get in the way, and eventually we were almost not talking much at all.



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I missed her.

I missed her comments, her encouragement and her support. Many, many years while we taught together I could just run down the hall and vent a little, cry a little or even ask for prayer and an uplifting word for my current crisis. The loss of that treasure of connection for me went on too long. I made a call and we made a commitment to every Wednesday morning; our coffee time was back on schedule again. What a blessing!

Some calls are long and full of talks of abundant life, some are shorter when we are backed against the wall for one reason or another. I'm so thankful to have my 'coffee buddy' back and sharing time together again even though the miles are too many for a hug.

Is there someone you may have lost touch with and need to make a focused plan to connect? Take the time, make a connection.

Old friends are a great blessing!

## *Busy December for Theta Nu*

- Published the December Chapter Newsletter #4 of the needed 5 to qualify for the Five-Star Newsletter.
- Sent required copies of the newsletter to TSO personnel.
- Met as a Chapter on 12/14/23 with a quorum.
- Rang the Salvation Army Bells at the Whitehouse Brookshires on December 14; representing Theta Nu, CindyL, GeethaR, SharonG, and TeriG, LindaT and guest MarshaE.
- Contributed to ASTEF's Trim the Tree fund raiser as a memorial to Karylène Hall and Meriam Eakin.
- Continued the Sweet Sister Campaign
- Theta Nu Book Club met; discussed the *The Wedding Veil* by Kristy Woodson Harvey
- Delivered monthly "Thinking of You" treat to Landon
- Donated used glasses to the Lions Club for the One and Done November project
- Cereal donation to Whitehouse Food Bank
- Posted at least weekly to the Theta Nu Facebook Page  
<https://www.facebook.com/groups/453559393293006>
- Texted members when needed.
- Prepared December update to chapter website <https://thetanutx.weebly.com>

## *January One and Done*

The One and Done projects for January is to collect insulated adult gloves (ladies and/or men) and donate them to the Tyler Street Ministries.

## *Landon's "Thinking of You"*

If you picked up a "Landon" sack at our first chapter meeting for the year and have not given it to Beverly yet, please put this on your to-do list for January 11. We want to have enough treats through May. If you can't make it to the next meeting, email Beverly and someone will come pick it up from you.

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## *December Meeting Minutes*

Theta Nu Chapter Minutes  
December 7, 2023

The monthly meeting of Theta Nu Chapter of The Delta Kappa Gamma Society International was held on December 7, 2023 at 4:30 at the La Hacienda Restaurant in Whitehouse..

President Kelly called the meeting to order and announced a quorum. She read notes from the Eakin family, and then shared the sad news of Karylene Hall's passing on December 7.

New Business:

- The updated Theta Nu Chapter Rules were reviewed and approved by the TSO Rules and By-Laws Committee and will be placed in the chapter archives.
- \$250 was donated to the For the Silent organization to combat human trafficking.
- \$50.00 was donated to the Trim a Tree for ASTEF project in memory of Meriam Eakin and Karylene Hall

Announcements:

- Theta Nu will ring the Salvation Army Bells on December 14 prior to the monthly Book Club Meeting at La Hacienda.
- The next chapter meeting will be held at La Hacienda at 4:30 on January 11, 2024. The Theta Book Club will also meet.
- Hosted by Zeta Gamma, the Joint Founders' Day celebration will be held at Roma Italian Grill on April 4. Bonnie Moore, TSO president, has been asked to be the speaker. Please put that date on your calendar and come meet Bonnie.
- On June 22, the Northeast Regional Workshop will be held in Rockwall at the Dr. Gene Burton College and Career Academy. The cost is \$50.00 including meals. Hotels are very close to the school if you should wish to go the night before.

Respectfully submitted, NancyB, Secretary

## *Election of Officers*

At the February chapter meeting, the Nominations Committee will make a recommendation for the slate of chapter officers for 2024-2026. Being an officer is not that hard...not like the old days. In fact, a [spreadsheet](#) has been created to outline the monthly responsibilities for each office. Once the year gets planned, each member of the executive board will spend less than 2 hours a month working for the chapter. The chapter needs your help to remain strong and viable.

## *The Handbook of the DKG Society*

2023 Handbook of The DKG Society International has been completed. For many years members have gone to the Go-To Guide for quick answers to DKG questions. After much work, that publication has become **The Handbook of DKG Society International**. After you sign-in, it is available for download at [dkg.org](http://dkg.org) under the Publications | Documents link. This publication simplifies access to the

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answers to many questions that come up as the business of DKG is being attended to. The glossary is especially helpful!

## *Sisters Across the Borders: Did You Know?*

At the 2024 International Convention, a resolution will be presented that the UNICEF GIRLS program be selected as a replacement for the Schools for Africa project, which has been discontinued by UNICEF. The GIRLS project has similar goals as Schools for Africa.

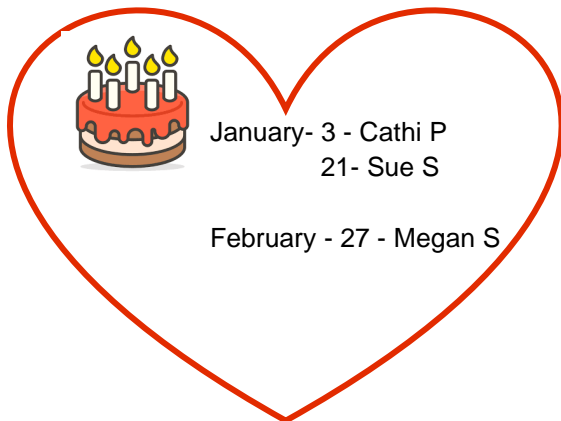
[www.unicef.org/education/girls-education](http://www.unicef.org/education/girls-education)

Source: International Administration Board Report, November 2023.

Contributed by CindyS, TSO Global Awareness Committee.

## *Life Tips for Members:*

- Rescue Lost Instruction Manuals. over 2 million manuals. [manualslib.com](http://manualslib.com) This is a repeat from last month because you may have already lost a manual or two in the trash along with the Christmas wrappings.
- Copycat Recipes from Well-Known Restaurants. <https://www.food.com/ideas/copycat-recipes-6576>
- Banished Words for 2024. <https://www.lssu.edu/traditions/banishedwords/>
- The 5 Sleep Languages: How Knowing Yours Could Help You Get Better Rest. <https://nicenews.com/health-and-wellness/learn-5-sleep-languages-get-better-rest/>



### Graphic Credits:

Snowflake. <https://bit.ly/3NH18HC>  
Birthday Cake. <https://bit.ly/47tCMIa>  
Book Club Template. <https://canva.com>



### *DKG Links:*

Theta Nu Website: <https://thetanutx.weebly.com>  
Theta Nu Twitter (X): <https://twitter.com/thetanutexas>  
Theta Nu Facebook: <https://www.facebook.com/groups/453559393293006>

TSO Website: <https://dkgtexas.org>  
TSO Facebook: <https://www.facebook.com/tso.deltakappagamma>

DKG International: <https://dkg.org>  
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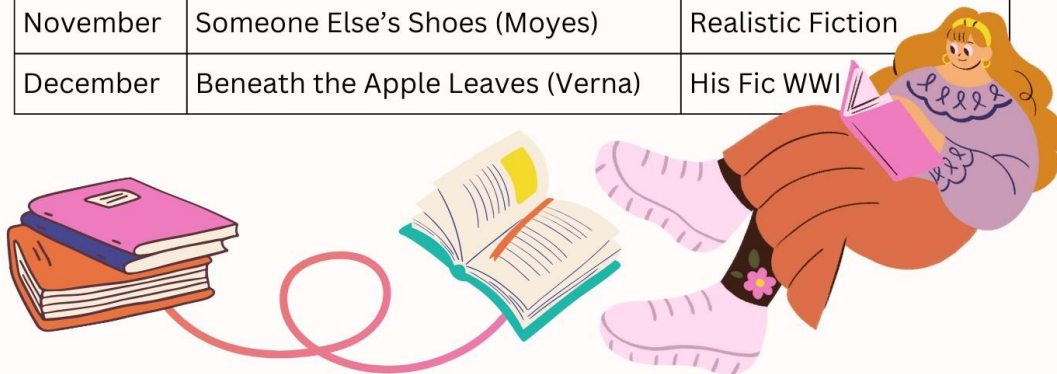
# BOOK CLUB



Theta Nu

2024

January	The Paris Library (Charles)	Hist Fic WWII
February	The Secret Adversary (Christie)	Mystery
March	Hanging Mary (Higginbotham)	Hist Fic. Civil War
April	All My Knotted-Up Life (Moore)	Memoir Beth Moore
May	The Storied Life of AJ Fikry (Zevin)	Realistic Fic
June	All Creatures Great and Small (Herriot)	Autob James Herriot
July	None of This is True (Jewell)	Psychological Thriller
August	The Good Neighbor (King)	Bio Mr. Rogers
September	The Help (Stockett)	Hist Fic Civil Rights
October	Remarkably Brilliant Creatures (Van Pelt)	Realistic Fic
November	Someone Else's Shoes (Moyes)	Realistic Fiction
December	Beneath the Apple Leaves (Verna)	His Fic WWI



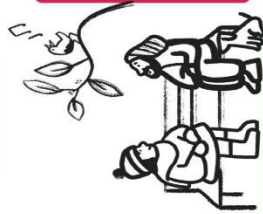
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# Happier January 2024

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



6 Take five minutes to sit still and just breathe

5 Look for the good in others and notice their strengths

4 Write a list of things you feel grateful for and why

3 Do a kind act for someone else to help brighten their day

2 Make time today to do something kind for yourself

1 Find three things to look forward to this year

7 Learn something new and share it with others

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier · Kinder · Together

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# Free Printable January 2024 Declutter 365 Calendar

Declutter 365 Missions: Declutter Your Home In 15 Minutes A Day

Find The Full Getting Started Guide & FAQs Here: <https://www.home-storage-solutions-101.com/declutter-365-faqs.html>

## What To Declutter In January 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> (New Year's Day) Week #1: Kitchen Counters and declutter and organize kitchen sink area	<b>2</b> Adopt daily kitchen cleaning and tidying routine	<b>3</b> Clear off kitchen counters and kitchen islands	<b>4</b> Declutter small kitchen appliances	<b>5</b> Clear off kitchen table	<b>6</b> Declutter potholders and kitchen towels, plus create tax organizer for current tax info	<b>7</b> Declutter broken objects
<b>8</b> Week #2: Kitchen Cabinets & Drawers plus create coffee or tea station	<b>9</b> Declutter silverware drawer and kitchen utensils and knives	<b>10</b> Declutter and organize kitchen junk drawer	<b>11</b> Declutter foil, kitchen wrap and plastic bags, plus paper towels and trash bags	<b>12</b> Declutter food storage containers	<b>13</b> Declutter and organize under kitchen sink plus get clutter out of your house	<b>14</b> Declutter and organize pots, pans and lids
<b>15</b> Week #3: Pantry and start Eat From The Pantry & Freezer Challenge	<b>16</b> Declutter and organize bakeware and bonus mission: fresh produce storage	<b>17</b> Declutter and organize canned food	<b>18</b> Declutter and organize spices	<b>19</b> Declutter shelf-stable food from pantry or cupboard shelves (use this cheat sheet)	<b>20</b> Fill out pantry inventory and donate food to food pantry	<b>21</b> Declutter kitchen cabinet shelves
<b>22</b> Week #4: Refrigerator & Freezer and declutter front and top of refrigerator	<b>23</b> Declutter food from fridge (use this cheat sheet) and clean refrigerator	<b>24</b> Organize refrigerator contents (use this storage chart)	<b>25</b> Declutter and organize freezer (use this cheat sheet)	<b>26</b> Fill out freezer inventory (and label freezer food)	<b>27</b> Declutter dishes plus get clutter out of the house	<b>28</b> Declutter mugs, glasses and cups
<b>29</b> Week #5: Recipes and declutter recipes	<b>30</b> Sort recipes into categories and organize them	<b>31</b> Declutter and organize cookbooks	Quote of the month: The journey of a thousand miles begins with one step. — Lao Tzu			

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Get The Full 12 Month 2024 Calendar Here: <https://www.home-storage-solutions-101.com/declutter-calendar.html>

### Northeast Regional Area Workshop

Save the Date!

Date: Saturday, June 22, 2024  
Location: Dr. Gene Burton College and Career Academy, Rockwall TX  
Time: 8:00 AM-5:00 PM  
Registration: \$50 until May 15; after May 15 \$65; Onsite \$65



Texas State Organization

Don't miss this event!!

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