

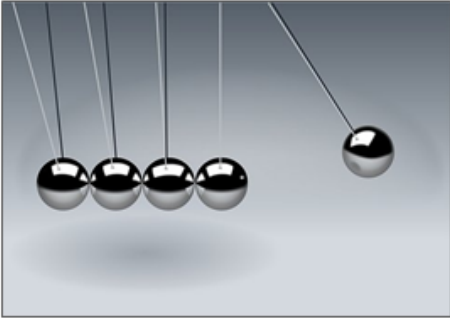


Theta Nu News

Texas State Organization
The Delta Kappa Gamma Society International

Leading women educators impacting education worldwide

Theta Nu Chapter #205 Texas Area 1, Smith County, Texas March, 2024. Volume 36 Issue 7
Sharon Gullett, editor gullettdkq@gmail.com



TSO Goal 2023-2035: Act to serve and share. Even the smallest object in the universe does not move until an external force acts on it. Mark Twain said, "The secret of getting ahead is getting started." Taking the first action is always difficult. But once that step is taken, things get easier. You gain momentum. Tick tock, tick tock.

How can you be a "first stepper" in your chapter? Will you SOAR to new heights?

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Bev's Buzz

As Sharon said in her recent message to chapter members, we, as a chapter, are at a crossroads. She also quoted Jane Goodall, "What you do makes a difference, and you have to decide what kind of difference you want to make." I'm sure all of our sisters who read what Sharon wrote paused to reflect about how or if they could help solve our dilemma.



Thankfully, five of your sisters have pledged a commitment to the short-term future of our chapter by being part of the Executive Board for the next biennium. This decision will give us an opportunity to carefully assess the health of the chapter and to make careful decisions about its future.

The Executive Board asked Beverly Kelly to serve as treasurer and announced the nomination of:
Linda Tatum and Sue Side, president
Cindy Loughmiller, vice-president
Geetha Ramarathnam, secretary



The Mission of the Society

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Because of a new deadline announced by Bonnie Moore, president of the Texas State Organization, we must conduct an election by March 1. We have constitutional permission to conduct an electronic election, and I'm asking you to vote with this very easy 4 question ballot.

1. List your last name, first name.
2. (Yes, no) I understand that an electronic election is authorized by DKG International, DKG Texas, and the Theta Nu Bylaws and Rules.
3. (Yes, No, Abstain) The slate of officers is Linda Tatum and Sue Sides - co-president, Cindy Loughmiller - Vice-President, Geetha Rammaratham – Secretary.
4. (Yes, No) I understand there will be no March meeting as previously scheduled. The next chapter meeting will be the Joint Founders' Celebration on Thursday, April 4, 2024.

The link for casting your vote is <https://forms.gle/2ZEuTEaddCz85tARA> Click on the link with a computer or tablet, or with a phone. Election results will be communicated at midnight March 2. Please vote on Thursday or Friday!!!!



Busy February for Theta Nu

- Published the February Chapter Newsletter #6 thus qualifying for the 5-Star Newsletter Award.
- Sent required copies of the newsletter to TSO personnel.
- Met as a Chapter on 2/8/24 with a quorum.
- Continued the Sweet Sister Campaign
- Theta Nu Book Club met; discussed the *Secret Adversary* by Agatha Christie
- Delivered monthly "Thinking of You" treat to Landon
- Donated cans of soup to the Whitehouse Food Bank
- Posted at least weekly to the Theta Nu Facebook Page <https://www.facebook.com/groups/453559393293006>
- Texted members when needed.
- Prepared February update to chapter website <https://thetanutex.weebly.com>



March Book Club

The March Book Club selection is *Hanging Mary* by Susan Higginbotham. "Meet Mary Surratt, the woman who could have saved Lincoln. Find out what stopped her in this vivid reimagining of Lincoln's assassination. Based on the true case of Mary Surratt, *Hanging Mary* reveals the untold story of those on the other side of the assassin's gun."



Coming up in April is *All My Knotted-Up Life* by Beth Moore. Yep! That's right THE Beth Moore. "An incredibly thoughtful, disarmingly funny, and intensely vulnerable glimpse into the life and ministry of a woman familiar to many but known by few."

The Book Club will meet at La Hacienda in Whitehouse for discussion and dinner on Thursday, March 14 at 4:30pm. Usually there is a variety of "catching up" conversation at the beginning, transition to a short reflection of the book of the month, and then have dinner. If you haven't read the book, don't worry. Just come for fellowship and dinner.

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February Chapter Minutes

Theta Nu Chapter Meeting February 8, 2024

The regular chapter meeting of Theta Nu chapter of The Delta Kappa Gamma Society International was called to order by President Beverly Kelly at 4:30 at La Madeleine Restaurant with 8 members present.

Kelly gave the treasurer's report with \$2,714 in the checking account and \$2,969 in the savings account. A motion to approve the minutes as printed in the last newsletter was made and accepted.

Unfinished Business:

Landon Odom, our Beginning Teacher Awardee has not yet spent his Amazon gift card. Cindy Loughmiller will follow up with him and determine how we can help him with classroom expenditures before the end of the school year. Three more "thinking of you treats" are needed for Landon to complete the year.

Terri Allen delivered 49 packages of pasta and 31 boxes of cereal to the Whitehouse Foodbank as part of the chapter's ongoing project of supporting the local foodbank.

New Business:

A discussion about declining chapter membership and the lack of members willing to take leadership role for the new biennium was initiated by president Kelly. Cindy Loughmiller volunteered to continue as Vice-President, and Geetha Rammaratham agreed to be nominated as Secretary. A nominee for President has yet to be found. Unless a candidate can be identified before the March chapter meeting, the only recourse is for the chapter to dissolve or merge with another chapter. However, if there is a full slate of nominees before March 7, an election will be held at the next meeting.

Program: President Kelly talked about the process of writing her book "Yet I Will Not Forget You." This book of personal reflections was inspired by a subscription to Storyworth, a computer-generated weekly story starter framework about family and life. With photos and personal stories, she captured life lessons learned throughout her life and correlated each story with a scripture that was meaningful to her. Beverly gave copies of her book to her children.

Anouncements:

- The Joint Chapter Founders' Celebration with Kappa Pi and Zeta Gamma will be on Thursday, April 4 at Roma's Italian Grill at 5:00. TSO President Bonnie Moore and First Vice-President Jeantte Rhyan will be guests. Zeta Gamma is the host for the event.
- The first Northeast Regional Area Workshop will be held on Saturday, June 22, at the Dr. Gene Burton College and Career Academy in Rockwall. Registration is \$50.00 and includes a morning snack and lunch. The day's agenda includes many of the activities normally scheduled for the traditional state convention. The Registration Form can be found at <https://bit.ly/3l5WVK7> The deadline for early registration is May 15.

The meeting was adjourned by the president at 6:30pm. Respectively submitted, Sharon Gullett

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Northeast Regional Area Workshop

A reminder that registration is open for the June 22 Regional Area Workshop in Rockwall on June 22. This event will replace the annual convention this year, make it more cost effective and less time-involved than previous conventions held in the even years. Area 1, 9, and 17 Area Coordinators have planned a tightly-packed day that will include most of the traditional workshops, awards, and celebrations. If you haven't been to a 3-day convention, you can experience the best of the best in one day. Download the registration form at <https://bit.ly/3l5WVK7>. Please print the form and fill it out; the form and a check made to Theta Nu for the registration fee can be given to BKelly.

Sisters Across the Borders: Did You Know?

Most of the Society's NGO representatives are also involved with The Committee on Teaching About the United Nations (CTAUN), an organization made up of representatives from a variety of NGOs with an interest in education. CTAUN provides educators opportunities to learn about the United Nations and its work. Through events and resources available on the website, CTAUN assists teachers in efforts to incorporate global awareness into classroom curricula and activities. events. **CTAUN** website: www.teachun.org

Contributed by CindyS, TSO Global Awareness Committee.



Linda N's Top 10

- ❖ On a crisp October afternoon in 1940, I was born at home in Riviera, Tx.
- ❖ My great grandmother, on my dad's side, is a full blood Cherokee Indian
- ❖ I have no sense of direction – NESW means nothing to me. I also sometimes get left and right confused. Perhaps this is part of the reason I have always had a fear of being lost.
- ❖ My friend would always come to my house to watch Elvis on the Ed Sullivan Show because her mother thought his movements were sinful.
- ❖ I loved seeing Italy, France, Turkey, and the Greek Isles. I am now limited to wonderful "girls' weekends" with my daughters.
- ❖ On July 11, 2001, Brenda, my sister and I had our pictures taken on top of the World Trade Center. Yes, it was just 2 months to the day before 9-11.
- ❖ I collect figurines of the Holy Family.
- ❖ I love reading, scrapbooking, crossword puzzles, Western movies, and flowers. I don't like heights or cucumbers.
- ❖ As a child, I love to swing. My daddy always made sure I had a swing wherever we lived. I lived in 5 different towns before the age of 6.
- ❖ One of the most rewarding things I do is being a prayer warrior with my family and friends I know how powerful prayer is.

Never have I ever

- ❖ Mowed a yard.
- ❖ Taken social dancing lessons

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Life Tips for Members:

- The Right Way to Store Bagged Salad Leaves. <https://bit.ly/3UEWeig>
- Body Parts That are More or Less Useless. <https://bit.ly/3SJnWYM>
- How to Make Sure Your Tax Preparer Actually Know What They're Doing. <https://bit.ly/49vtQnj>
- Shelf Life Before or After Expiration Dates. <https://diynhacks.com/kitchen-hacks-is/44/>
- First Look: New Emojis in iOS 17.4 <https://bit.ly/49xpWKJ>



DKG Links:

Theta Nu Website: <https://thetanutx.weebly.com>

Theta Nu Twitter (X): <https://twitter.com/thetanutexas>

Theta Nu Facebook: <https://www.facebook.com/groups/453559393293006>

TSO Website: <https://dkgtexas.org>

TSO Facebook: <https://www.facebook.com/tso.deltakappagamma>

DKG International: <https://dkg.org>

DKG International Facebook: <https://www.facebook.com/dkgorg/>

DKG International Twitter: https://twitter.com/dkg_si

DKG International Blog: <http://dkgsi.blogspot.com/>

DKG Podcast: <https://dkgsi.podbean.com/>

DKG International YouTube: <https://www.youtube.com/user/DKGAustin>



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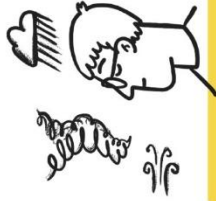


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Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

TUESDAY



5 Bring to mind people you care about and send love to them

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

THURSDAY



7 Take three calm breaths at regular intervals during your day

FRIDAY

1 Set an intention to live with awareness and kindness

SATURDAY

2 Notice three things you find beautiful in the outside world

SUNDAY

3 Start today by appreciating your body and that you're alive

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today
dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life

ACTION FOR HAPPINESS

Happier · Kinder · Together

