



Theta Nu News

Texas State Organization
The Delta Kappa Gamma Society International

Leading women educators impacting education worldwide

Theta Nu Chapter #205 Texas Area 1, Smith County, Texas February, 2024. Volume 36 Issue 6
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TSO Goal 2023-2025: Open your heart, mind, & attitude
 "Brian Halligan said, "Innovation is to imagine the future and fill in the gaps." What's holding you back? Everyone can learn to generate bold, groundbreaking ideas. By reframing old thinking patterns, making new connections, and getting fresh perspectives, you can find ways to solve chapter challenges with dynamic solutions that SOAR to new heights.

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Bev's Buzz

Hello Everyone!

A few decades ago, a book came out called "All I Really Need to Know I Learned in Kindergarten" by Robert Fulghum. Of course, the kindergarten teachers all loved it and passed a copy around among our fellow teachers thinking maybe we would finally receive the credit we were due in the world of professionals. That book makes me think about DKG. Then another book I read to my classroom of kids came to my mind, "What I Learned From My Friends at the Zoo". That book also makes me think of my friends in DKG, not that you all live in the Zoo but I have learned a lot from you!



The Mission of the Society

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education

- ❖ Positive thinking
- ❖ Service to others
- ❖ Staying the course
- ❖ Organization
- ❖ Caring for the needy
- ❖ Sharing good ideas
- ❖ The treasure of good fellowship
- ❖ And oh,yes...decluttering!

I first thought about putting names to each of the lessons I've learned but I thought that would get too long winded and I would perhaps inadvertently miss someone. So just know that what you have to say has not been wasted on me, I think about what I hear from you and often make a plan to try it out. I often get overwhelmed, discouraged and weary; but I know I'm a better 'me' because of you. Thank you for your continued fellowship.

After I thought I had finished this letter I had another random thought and went to the DKG website, found the purposes and looked back at those things I am learning from our members. The purposes the founders proposed for members from the beginning are things I've learned from you. Good Job, Theta Nu, we are on target!

Purposes:

1. To unite women educators of the world in a genuine spiritual fellowship
2. To honor women who have given or who evidence a potential for distinctive service in any field of education
3. To advance the professional interest and position of women in education
4. To initiate, endorse and support desirable legislation or other suitable endeavors in the interests of education and of women educators
5. To endow scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to non-member women educators
6. To stimulate the personal and professional growth of members and to encourage their participation in appropriate programs of action
7. To inform the members of current economic, social, political and educational issues so that they may participate effectively in a world society

Busy January for Theta Nu

- Published the January Chapter Newsletter #5 of the needed 5 to qualify for the Five-Star Newsletter.
- Sent required copies of the newsletter to TSO personnel.
- Met as a Chapter on 12/14/23 with a quorum.
- Continued the Sweet Sister Campaign
- Theta Nu Book Club met; discussed the *The Paris Library* by Janet Charles
- Delivered monthly "Thinking of You" treat to Landon
- Donated adult insulated gloves to the Tyler Street Ministry
- Posted at least weekly to the Theta Nu Facebook Page <https://www.facebook.com/groups/453559393293006>
- Texted members when needed.
- Prepared January update to chapter website <https://thetanutx.weebly.com>

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February One and Done

The One and Done projects for February is to collect many **cans of soup** for the Whitehouse Food Bank. Please bring as many cans as you are able in addition to cereal.

Landon's "Thinking of You"

If you picked up a "Landon" sack at our first chapter meeting for the year and have not given it to Beverly yet, please put this on your to-do list for February. We want to have enough treats through May. If you can't make it to the next meeting, email Beverly, and someone will come pick it up from you.

Theta Nu Bylaws Re-certified for 2023-2025



Election of Officers

At the March chapter meeting, the Nominations Committee will make a recommendation for the slate of chapter officers for 2024-2026. Being an officer is not that hard...not like the old days. Once the year gets planned, each member of the executive board, except for the Newsletter Editor/Webmaster, will spend less than 2 hours a month working for the chapter. The chapter needs your help to survive, and we need you to volunteer to take a leadership role.

A 12-month basic spreadsheet has been created to outline tasks, but below are the major ones that repeat each month. Although it's not required, attendance at the Northeast Regional Area Workshop in Rockwall on June 22 is urged. It's not required, but attendance at the TSO Convention in Denton in 2025 is appreciated. And there are 2 Theta Nu Executive Board Meetings a year usually at a restaurant near you!

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President		Vice-President	
Write President's column for newsletter	60 min	Oversee One & Done Project	30min
Set Agenda for Meeting	15 min	Oversee Foodbank Project	30 min
Proofread Newsletter	10 min	Oversee Special Projects/Grants	30 min
Preside over Meeting	90 min	Preside over Meeting if needed	90 min
Checks - 2nd signature	5 min		
Participate in TSO President Zoom when needed	60 min		
Check & respond to email from TSO	weekly		

Secretary		Treasurer	
Write Chapter Minutes	60 min or less	Deposit checks	30 min
Keep electronic copy of Minutes	5 min	Write checks	30 min
Write ExeBd Minutes	if needed	Balance checking account	30 min
Send Minutes to Pres & Newsletter Editor	5 min	Make financial report at meeting	5 min
Record Attendance at each meeting	5 min	Use Chapter Connect when needed	When needed
Assist w Foodbank Project	if needed		

Newsletter Editor		Webmaster		Yearbook Editor	
Publish Newsletter	8-10 hours	Update website monthly	60 min	Edit yearbook annually	4 hours
Distribute to members	30 min	Recertify website (even years)	60 min	Distribute to members electronically	30 min
Distribute to required TSO officers	30 min			Distribute to required TSO personnel	30 min
				Send archive copy to TSO office	30 min

Sisters Across the Borders: Did You Know?

DKG is actively involved with the UN. In fact, DKG is recognized as a Non-Governmental Organization (NGO) with the United National Department of Public Information and was granted Consultative Status with the UN Economic and Social Council. Eight DKG representatives, including Connie Resnick (TX), attend weekly briefings at UN National Headquarters in New York City. The focus of the group is to fulfill the seventh Society Purpose: To Inform members of current economic, social, political and educational issues so that we may participate effectively in a world society.

Contributed by CindyS, TSO Global Awareness Committee.

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Terri A's Top 10

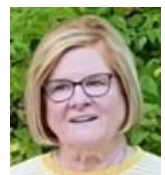
- ❖ I grew up in a small town in north Louisiana. Think Mayberry without Barney Fife.
- ❖ 2. After graduating from La. Tech I moved to Nashville. I had \$20...It was fun being young and stupid!
- ❖ 3. I liked school as a child but I don't remember ever playing school or wanting to be a teacher when I grew up. Now I can't imagine any other profession that would have brought me so much satisfaction and joy.
- ❖ 4. My father had his pilot's license and would take us up in a 4-seater and even let us steer a little. (I guess there was nothing to hit but clouds.) I decided then I wanted my license when I grew up. But I discovered the cost of lessons on a teacher's salary would interfere with my favorite things, like antiquing with friends.
- ❖ 5. I am spelling challenged.
- ❖ 6. I love to watch figure skating. I don't like football. Or country music. Please don't kick me out of Texas. I love Texans!
- ❖ I collect old books and nativity sets.
- ❖ I'm a picky eater but I wish I weren't. I like cooked vegetables, don't like them raw. I like raw fruit, don't like it cooked.
- ❖ I had an eventful trip to California - did the usual including the San Diego Zoo, saw the Hollywood sign, Disneyland, and YIKES was awakened one morning by an earthquake.
- ❖ I grew up in a very musical family. My parents and aunts and uncles sang gospel music on the radio and in churches around our area, Sadly I didn't inherit the musical talent, but I do love it! My favorite is contemporary Christian, but I enjoy the old Hymns of the faith too - songs that lift high the name of Jesus, my Lord and Savior.

Never have I ever

- ❖ Broken a bone, which is a miracle, because I am a bit of a klutz
- ❖ Been snow skiing or ice skating
- ❖ Been to Mexico or Florida

My Commitment to DKG (A Reflection by Sharon G)

First, let me say this reflection is too long, and you may want to skip it. But this is what has poured from my heart.



I've been a member of DKG for more than 40 years and have not missed many meetings...probably no more than 10 over my entire DKG life and mostly that was because of required work travel. If I'm in town, count me in for a meeting no matter how tired I am or family commitments. DKG is on our family calendar as a priority for me. My husband honors that.

I must have some genetic disposition to be immersed in almost anything I decide to do, and I have a difficult time giving it up. Sideline membership is not something I feel comfortable with.

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Maybe that's why I became the treasurer after only one year of membership, way back when we had a bound legal-size spreadsheet book to use for recordkeeping with no pencil entries. Fast-forward about 10 years, the then-president started working on her doctorate and didn't have time to do the yearbook. Not many members were using computers. Guess who stepped up to the plate again even though the format was difficult and requirements stringent; the annual publication has been on time every year. I don't remember the history of the newsletter editorship, but it happened again! And I haven't mentioned the many times I've been a chapter officer including a total of six years as president and 4 years as the Smith County Coordinating Chair. All this to say I've been committed to the chapter for a long time.

But the one question to my commitment is to answer WHY? My answer has morphed over the years. In 1981 I had never heard of DKG but was invited to join by my TISD supervisor, Zella Lewis. But because I admired her so much that whatever she asked me to do, I did it. Then as a second-year member, I went to my first state convention. For the first time, I was associating with professional women from all over the state! It made such an impression on me. I began to appreciate the heritage of the Society and its influence on Texas education during the Depression and beyond. I was part of something more than being just an educator in my local school district. As the years went on, I met some of the highly dedicated women and followed them like a moth following the light. My goal was to never be on the top tier list of DKG leaders but to support DKG on the local and area level. I don't need the big stage to contribute and support.

As I further analyze my "Why" of DKG, where do I still fit in as a senior citizen? What does DKG offer me? The first answer is the bond I have with my chapter sisters. But what else? I turn to the DKG purposes:

- **To Unite** women educators of the world in a genuine spiritual fellowship.
- **To Initiate, Endorse and Support** desirable legislation or other suitable endeavors in the interests of education and of women educators
- **To Inform** the members of current economic, social, political, and educational issues so that they may participate effectively in a world society
- **To Honor** women who have given or who evidence a potential for distinctive service in any field of education

And then, I can use my voice and support to

- **To Advance** the professional interest and position of women in education
- **To Endow** scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to non-member women educators.
- **To Stimulate** the personal and professional growth of members and to encourage their participation in appropriate programs of action.

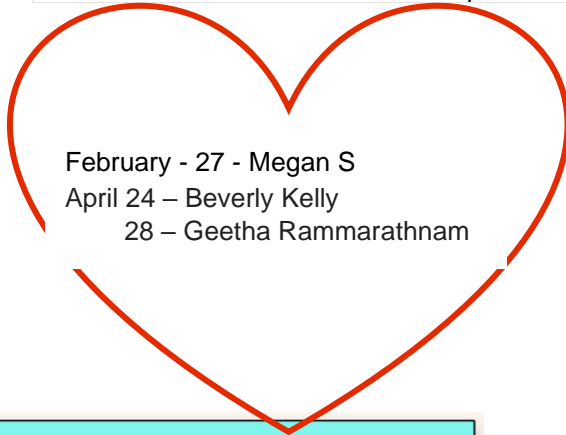
A "mature" member of DKG? Yes. But don't count me out! Who knew that as a senior I could still be an active contributor and not be on the sideline?

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Life Tips for Members:

- *Rescue Lost Instruction Manuals.* over 2 million manuals. manualslib.com This is a repeat from last month because you may have already lost a manual or two in the trash along with the Christmas wrappings.
- *3 Easy Decorating Hacks from a Pastry Chef.* <https://bit.ly/496O0UC> This is so relaxing to watch even if you never plan to decorate a cake. This is very cook friendly with a chef-inspired result.
- *How to Make Sure Your Tax Preparer Actually Knows What They're Doing.* <https://bit.ly/49vtQnj>



February - 27 - Megan S
 April 24 – Beverly Kelly
 28 – Geetha Rammarathnam

life hacks


Cookie cutter not cutting right? Place a sheet of plastic wrap over top of the dough and try again. The dough won't stick to the cutter, and you'll get perfect cookie shapes every time!

31
 thursday
 August

DKG Links:

Theta Nu Website: <https://thetanutx.weebly.com>
 Theta Nu Twitter (X): <https://twitter.com/thetanutexas>
 Theta Nu Facebook: <https://www.facebook.com/groups/453559393293006>

TSO Website: <https://dkgtexas.org>
 TSO Facebook: <https://www.facebook.com/tso.deltakappagamma>


 DKG International: <https://dkg.org>
 DKG International Facebook: <https://www.facebook.com/dkgorg/>
 DKG International Twitter: https://twitter.com/dkg_si
 DKG International Blog: <http://dkgsi.blogspot.com/>
 DKG Podcast: <https://dkgsi.podbean.com/>
 DKG International YouTube: <https://www.youtube.com/user/DKGAustin>

Graphic Credits:

Birthday Cake. <https://bit.ly/47tCMIa>
 Phyllis. Reposted on Facebook from <https://ifunny.co/>

This is Punxsutawney Phil's ex-wife, Phyllis, who now lives in Florida and said that Phil is a compulsive liar.



Northeast Regional Area Workshop

Save the Date!

Date: Saturday, June 22, 2024
 Location: Dr. Gene Burton College and Career Academy, Rockwall TX
 Time: 8:00 AM-5:00 PM
 Registration: \$50 until May 15; after May 15 \$65; Onsite \$65



Texas State Organization

Don't miss this event!!

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Friendly February 2024

MONDAY



5 Make time to have a friendly chat with a neighbour

TUESDAY



6 Get back in touch with an old friend you've not seen for a while

WEDNESDAY



7 Show an active interest by asking questions when talking to others

THURSDAY

1 Send a message to let someone know you're thinking of them

8 Share what you're feeling with someone you really trust

FRIDAY

2 Ask a friend how they have been feeling recently

9 Thank someone and tell them how they made a difference for you

SATURDAY

3 Do an act of kindness to make life easier for someone

10 Look for good in others, particularly when you feel frustrated with them

SUNDAY

4 Invite a friend over for a 'tea break' (in person or virtual)

11 Send an encouraging note to someone who needs a boost

12

Focus on being kind rather than being right

13

Smile at the people you see and brighten their day

14

Tell a loved one or friend why they are special to you

15

Support a local business with a positive online review or friendly message

16

Check in on someone who may be struggling and offer to help

17

Appreciate the good qualities of someone in your life

18

Respond kindly to everyone you talk to today, including yourself

19

Share something you find inspiring, helpful or amusing

20

Make a plan to connect with others and do something fun

21

Really listen to what people say, without judging them

22

Give sincere compliments to people you talk to today

23

Be gentle with someone who you feel inclined to criticise

24

Tell a loved one about the strengths that you see in them

25

Thank three people you feel grateful to and tell them why

26

Make uninterrupted time for your loved ones

27

Call a friend to catch up and really listen to them

28

Give positive comments to as many people as possible today

29

Acknowledge someone's problem or pain rather than trying to fix it



ACTION FOR HAPPINESS

Happier · Kinder · Together