



Texas State Organization
The Delta Kappa Gamma Society International

Theta Nu News

Leading women educators, impacting education worldwide

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Bev's Buzz

A random act of kindness to me is something you do anonymously or one does for you anonymously. If you tell others about the kindness you've done, you have already received your reward. My mom taught and retaught us quite often about kindness to others and also bragging about yourself and how much bragging illuminated your poor character. I can just hear my mom, "Now Beverly..."

I can think of so many acts of kindness given to me from others especially when I think about teaching and school kids. Young children were constantly writing me sweet notes or drawing pictures. Some notes would be long and sounded out painstakingly like any masterful kindergarten author telling one sweet thing or another. More notes would be short and to the point,

I love you, Mrs. Kelly.

I especially loved those!

What is inside even a child's heart that draws them to write notes of tenderness to those they love bringing joy? Are we born with a nurturing gene that either stays with you or is discouraged with age and life circumstances? I especially loved the few notes I received from high school students given a special writing assignment to write a note to a former teacher; they wrote remembering fondly their experiences during that special year we had together in school. That kind of nurturing stays with some. I'm thankful for that.

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I would call those sweet notes random acts of kindness meant to bring a smile and a warm feeling of love to encourage others in some way. I'd tack the notes I received on my board or computer for a while to lift my spirits then later to a file in my special box of love notes from that school year. When I finally decided to retire, I created a special book full of class pictures and of those treasured love notes and remembered that child, that face, that sweet act of kindness from a pure loving heart meant to encourage me and lift my spirits. Those unassuming children may not have known how much I needed their sweet little note that one particularly awful day!

As we begin another year together in Theta Nu planned with fun, learning and fellowship I'm reminded that there will be struggles and trials of one kind or another for many of us. I want to put on that special kindergarten kind of love and encourage those around me in some way as often as I can and in as many ways as I can. Our TSO President Shalan Inmon spoke to our chapters this past spring in Tyler of nurture as being one of her goals for her time as our leader.

Would you join me on this nurturing journey with quiet, random acts of kindness; for all of us as sisters in DKG, those teachers still working in the daily struggles of the classroom and even to our families and our wider community? Let's be leaders in loving nurture. Come and join us on Thursday, September 8th at 4:30 around Cindy Loughmiller's long table of fellowship when we make careful plans and share ideas of encouragement opportunities. It will be just like an old summer workshop with a 'Make and Take'! It's going to be good because most of all we'll be together!

Looking forward, expecting great things!

Beverly

"Anxiety weighs down the heart, but a kind word cheers it up."

Proverbs 12:25



Action Item: One-Time Project for September

A small declutter project for you. Theta Nu is collecting clean old towels for a local animal shelter. We'll collect these at our September meeting and deliver them to a local non-profit animal shelter.



TRS News

Due to the rising costs of production materials and postage, supply chain challenges, and shortages in production materials, The Texas Retirement System of Texas has opted to transform the way your *TRS News* newsletter will be published and delivered.



Beginning in spring 2023, you will receive your *TRS News* as a digital publication. This means instead of receiving your newsletter by mail you will receive an email with a link to your newsletter once it's published online. The email will be sent to your email address that is currently on file with TRS. To review or update your email address, please visit MyTRS. <https://mytrs.texas.gov/> However, if you wish to request a printed copy of a newsletter after it is published, you may continue to do so by calling TRS Member Services. 1-800-223-8778.

If you have not logged into the TRS site lately, you will be required to create a new login and password because TRS has upgraded its website. It is a very secure process.

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Ramblin' Roses



Out and About in East Texas

(Editor's Note: Each month a different East Texas location will be featured. This is by no means a complete or comprehensive list, rather just a sampling. Guest columnists are welcomed and encouraged and locations can include areas outside of East Texas.)

Sweet Fun in Lindale Texas

Do you enjoy candy? Wine? Shopping? Then an outing to Lindale may be just the place for you! One of my favorite places is the Lindale Candy Co. It is stocked full of sweet, whimsical goodies. They even have a viewing window to watch them making their confections. See their Facebook page for dates and times. Right around the corner is the Main Street Marketplace full of vintage and antique artifacts. For some fun, colorful items, visit the Bohemian Manor right next door. For country music fans, Miranda Lambert's Pink Pistol is full of boutique country music type tidbits. There is even a wine tasting room. Don't forget to visit the Lindale Floral Shop for so much more than just flowers, including gifts, home decor, clothing, shoes, jewelry, kitchenware, etc., etc.! For me, no trip to the Lindale area is complete without stopping by Cracker Barrel for fun shopping and country cooking. Other notable stops listed on the Visit Lindale website include: The Ponderosa Pourhouse, Old Store Imports, Kathy's Boutique, The Cannery (live music and food), and the Old Mill Pond Museum.

This same website lists the following events:

- Lindale Countryfest Oct. 8
- The Piney Woods Wine Festival Oct. 14-15
- Vintage Market Days Nov. 11-13



I don't know about you, but I'm thinking a trip to Lindale is in my near future!!!

Do you have other favorite Lindale places? Please share! **Happy Ramblin'! Cindy Swinney**

Visit Lindale. <https://www.visitlindale.com/>

Lindale Candy Company. <https://www.facebook.com/lindalecandycompany>

Main Street Marketplace. <https://www.facebook.com/mainstreetmarketvintagegoods/>

Bohemian Manor. <https://www.facebook.com/bohomanor>

The Pink Pistol. <https://www.facebook.com/ThePinkPistol>

Lindale Floral Shop. <https://www.facebook.com/lindalefloral>

The Ponderosa. Pourhouse. <https://www.instagram.com/ponderosapourhouse/>

Old Store Imports. <https://www.loc8nearme.com/texas/lindale/old-store-imports/3079076/>

Kathy's Boutique. <https://www.facebook.com/kathysboutiquelindale>

The Cannery. <https://www.facebook.com/thecannerylindale/>

Old Mill Pond Museum. <https://www.facebook.com/OldMillPondMuseum>



Web Watchers

- **13 Outfit Tricks to Look Instantly Younger.** <https://bit.ly/3PLVVws> (This is from Reader's Digest, a "favorite" style magazine for the younger generation. LOL.)
- **8 Revealing Everyday Documents You Never Knew You Should Shred.** <https://bit.ly/3wnZodF>

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September

- 3 – Teri Allen
- 8 – Karlyene Hall
- 21 – Cindy Swinney
- 25 – Cindy Loughmiller

October

- 14 - Cindy Wingate
- 25 - Linda Nichols



May 2022 Minutes

Theta Nu Chapter Minutes
May 12, 2022

The monthly meeting of Theta Nu was called to order by president Cindy Swinney at Corner Bakery at 5:00 PM. A quorum was established with 8 members present. A motion to approve the minutes as attached to the newsletter was made and seconded. Beverly Kelly, treasurer, gave the treasurer's report with \$3,050.07 in the checking and \$2951.52 in the savings account.

Unfinished business:

- * Food pantry update: The April donations were \$100.00 which in addition to the matching funds money bought 42 cereal boxes, 12 powder milks and fruit cups. We decided to keep sending the monthly donations for the summer months.
- * Some of the \$900.00 matching funds will be donated to Unicef/Ukraine relief.
- * The DKG Weekender in Tyler on April 22-24 was well attended with positive feedback.

New Business:

- * Chapter Challenge continues with paying dues by June 1 and an anonymous donor will match the funds.
- * Summer Field Trip, Thursday, June 9, 2022. Members will meet at the Children's Park at 10:00 and then visit various places in downtown Tyler.
- * Area 1 workshop is August 6 in New London from 9-12:30. Registration is open / make the \$13.00 payment to Beverly Kelly.
- * Sharon Gullet made the motion to donate a \$20.00 gift card to Target and Linda Tatum seconded the motion. The gift cards are to be used for door prizes at the State Convention on June 15-18 at the Lubbock Convention Center.
- * Sharon Gullet challenged each member to consider writing a letter for our newsletter.

Announcements:

- * Sharon Gullet will be representing our chapter at the TSO Convention in Lubbock. *International Convention is in New Orleans on July 12-16.
- * Update was given on member Meriam Eakin.

Meeting adjourned at 6 p.m. followed by dinner.

Respectfully submitted, Nancy Boone



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Action Item: Who Do You Know?

Do you know someone who would enjoy being a member of our chapter? Email them a copy of this *Theta Nu News* newsletter and invite them to our next meeting. Remind them that the meeting calendar is on the last page. There's no commitment to join. They are welcome any time.



Action Item: Get Connected

Our chapter members enjoy using the texting feature on our phones to stay connected, but texting doesn't have the advantage of being read by anyone not in the texting group. In Area I, Phi created a new Facebook page in July, and as a result, has made contact with 15 potential new members. Theta Nu can do that too with your help. Let's spread the word about Theta Nu. If you are a member of Facebook, please join *Theta Nu (Texas) Delta Kappa Gamma*. There will be no more than 3 new posts a week so your Facebook feed will not be overwhelmed. Please join today.



Theta Nu's Top 10

This year as part of our monthly newsletters, we are going to spotlight one of our member's "Top 10" and add 3 "Never Have I Ever." This is somewhat similar to something David Letterman used to do on his show years ago. We will start with our officers and then continue through our members until all have had a turn. Probably most of the first few items will be similar, however as we move down the list, we should see some differences.

| Theta Nu President 2022-2024 Beverly Kelly's Top Ten | |
|--|--------------------------|
| 1. My Salvation | 6. Yard work of any kind |
| 2. Forgiveness | 7. Writing |
| 3. Time with my husband, Steve | 8. Sewing |
| 4. Time with my kids and grandkids | 9. Photography |
| 5. Sitting on the porch enjoying nature | 10. Reading |
| Never Have I Ever: Eaten Crawfish, Broken a Bone, Traveled Out of the Country | |



Action Item: Summary for the Month

As an active member of Theta Nu, this is what you can do to support our chapter in September.

- Attend the chapter meeting on September 8 at 4:30pm
- Bring old towels for the animal shelter.
- Forward a copy of the newsletter to a friend
- Join and read Theta Nu's Facebook page once a week.
- Send birthday wishes to those having birthdays in September.



Graphic Sources:

Succulents. <https://pixabay.com/illustrations/succulents-cacti-plants-plant-pots-6211878/>

Celebration. <https://pixabay.com/vectors/team-unity-celebration-dance-150149/>

Happy Birthday. <https://bit.ly/3c8c5IQ>

Facebook. <https://www.flaticon.com/free-icons/facebook>

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Theta Nu Chapter 2022-2023 Meeting Calendar

TSO Theme: Journey: Which Way Will You Go?

* All meetings are aligned with the Society's Mission and Purposes

| Date | Program | Theme/ Purpose | Monthly Donation | Notes |
|--|--|--|---|--|
| Thurs, Sept 8 4:30pm Cloughmiller's | * The Year's Journey Begins with Celebrating Each Other. We're all blessed in so many ways, and we'll help you keep track of the ways you are personally blessed. | Nurture Purpose #1 Purpose #2 Purpose #3 | > Cereal/food bank donations > Old towels for animal shelter. Recipient: Tyler Animal Shelter or SPCA | > Ice cream floats provided by Executive Board |
| Thurs, Oct 6 5:30pm Cain Parking Lot | * A Journey to the Parking Lot. Theta Nu's annual picnic in the parking lot. Help plan two new activities and a recurring meeting topic: Monthly Charitable Donations, Theta Nu Book Club, and I Don't Know About That: Don't Be Left Behind. | Educate Purpose #1 Purpose #6 | > Cereal/food bank donations > Adult Socks (heavy). Recipient: Tyler Street Ministries | > BYOS – Bring Your Own Stuff: Food, Drink, Chair > Porch Drop off: CSwinney's (Whitehouse) or NBoone's (Tyler) |
| Thurs, Nov 3 4:30pm LTatum's | * A Journey to Discover Your Inner Artist. Learn a meditative art technique that requires only a piece of paper and a pencil and NO artistic talent. | Wonder Purpose #1 Purpose #4 | > Cereal/food bank donations > Adult Gloves (heavy duty). Recipient: Tyler Street Ministries | > Porch Drop off: CSwinney's or NBoone's |
| Thurs, Jan 5 4:30pm Zoom | * A Journey to the Past: An Antique Roadshow. Each member will share the story about a family heirloom or a treasure discovered while antiquing. | Wonder Purpose #1 Purpose #4 | > Cereal/food bank donations > Dog Food. Recipient: Tyler Animal Shelter or SPCA | > Porch Drop off: CSwinney's or NBoone's |
| Thurs, February 2 6:00pm Location TBA | * A Profitable Journey with BINGO. We'll join Zeta Gamma to raise funds for chapter projects and to recycle books by playing Bingo | Nurture Purpose #1 Purpose #3 | > Cereal/food bank donations > Cans of Soup. Recipient: Whitehouse Food Bank | > Porch Drop off: CSwinney's or NBoone's |
| Thurs, March 2 4:30pm CSwinney's | * Be Prepared for an Unexpected Journey. Start preparing a Grab & Go file of important papers you might need in case of a disaster effecting your family. | Educate Purpose #3 Purpose #5 | > Cereal/food bank donations > Cat food. Recipient: Tyler Animal Shelter or SPCA | > Porch Drop off: CSwinney's or NBoone's |
| Tues, April 11 Time 6:00 Location: TBA | * Go on a Journey with your DKG Sisters! A dinner with the Smith County Chapters for the annual joint chapter meeting and Founder's Day celebration. | Serve Purpose #1 Purpose #2 Purpose #5 | > Cereal/food bank donations > Gently worn jewelry suitable for the current workforce. Recipient: Christian Women's Job Corp | > Porch Drop off: CSwinney's or NBoone's or bring to the Founder's Dinner |
| Thurs, May 4 4:30pm CWJC Office | * A Journey to Empower Women: We will journey to the Tyler Christian Women's Job Corps to learn about their important work as they equip women with job skills as well as life skills. | Serve Purpose #6 Purpose #7 | > Cereal/food bank donations > Disposable Diapers. Size: 3-5. Recipient: Path or St. Paul's | > Porch Drop off: CSwinney's or NBoone's > After hours: Dinner together |

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